

MEDICINAL PLANTS

Latin Name	Sanskrit Name	English Name	Common Name	Part(s) used	Drug Class	Indication
Abelmoschus esculantus		finger	Bhindi	Leaf, fruit, root		bronchitis, pulmonary tuberculosis
Abelmoschus moschatus	Tindisha	Musk-mallow	Lata kasturi	seed, fruit	Diuretic, aphrodisiac, emollient, antipyretic	
Abies webbiana	Taleesh		Gobra salla	leaf	Carminative, stomachic, tonic, astringent, expectorant	Bronchitis, asthma
Abroma augusta	Ulatkambal		Olatkambal	root, bark	Emmenagogue, uterine tonic	
Abrus precatorius	Gunja	Crab's eye	Gunja	seed		inflammation of mucus membrane of
Abutilon indicum	Atibala	Indian mallow	Kanghi	seed, roots	General tonic, Bark-diuretic	diseases, thread-worms,
Acacia arabica	Babbul	Arabic tree	Babul	gum		tonsillitis, conjunctivitis, epiphora,
Acacia arabica		Ghatti Gum		Dried Extract	Pharmaceutical excipient	
Acacia catechu	Khadir	Catechu	Kher	bark, ext, wood	Astringent, blood purifier	Diarrhoea, sore throat, skin diseases
Acacia concina	Satala		Shikkakai	pod, leaf	Hair cleanser, astringent	Dandruff
Acacia leucophloea	Shwet barhura		Urjia	bark	Astringent	
Acacia pennata			Biswal	leaf		for snake poison
Acacia senegal			Kumatia	gum	Emollient, demulcent	Burns, sore nipples
Acalypha indica	Arittamanjari	Indian acalypha	Khokali, kuppi	plant	Emetic	diseases, rheumatism, respiratory
Achillea millefolium		Bloodwort	Rajmari	plant, leaf	Anti-inflammatory, anti-infective	women's diseases, wounds, high blood
Achyranthes aspera	Apamarg	Rough chaff	Safed aghedo	plant	Laxative, anti-periodic in malaria, stomachic	skin diseases, eye diseases
Aconitum ferox	Visha, Vatsnabh		Vachnag/Bachnag	Root	Diaphoretic	Fever, rheumatism
Aconitum heterophyllum	Ativisha	Aconite	Atis	Root		Digestive disorders
Aconitum palmatum	Prativisha		Bikhma	Root		Chronic fever, worms, indigestion
Acorus calamus	Vachha	Sweet flag	Vach, vaj	rhizome	Nervine tonic, emetic, stomachic, resuscitative,	fever, rheumatism
Adhatoda vasica	Vasa	Vasaka	Malabar nut, adulsa	flower	Antispasmodic, blood-purifier, dysuria	cough, Intestinal worms
Adiantum capillus	Hanspadi	Maiden Hairfern	Hansraj	leaf	Antispasmodic, emmenagogue, mensturation flow	Fever, muscular pain, hair problem
Aegle marmelos	Bilwa	Stone apple	Bel	root, leaf	Antibacterial, anti-inflammatory	Constipation, diarrhoea, peptic ulcer,
Aerva persica			Bul	root, leaf		ear diseases, respiratory disorders,
Aesculus hippocastanum			Pu	fruit	Antiperiodic	Dysentery
Agave americana	Kantala	century plant	Barakhawar	root, leaf, gum	Diuretic, anti-syphilitic, laxative, blood-purifier, liver protective	Hair falling, anaemia
Ailanthus excelsa	Aralu		Arua	root, bark	Analgesic, anti-spasmodic, expectorant	
Albizia lebbek	Shirish	Rain tree	Shirish	bark, leaf	Antidote	dysentery
Aleurites moluccana	Askhota	Indian walnut	Latjeera	Nuts, seed, oil	Wormicidal	Piles, worm infestations
Allamanda cathartica		Golden trumpet	Pilaghanti	bark, leaf	Purgative, antidote for poisoning	Colic pain, acute abdominal pain
Allium cepa	Palandu	Onion	Piyaj	blub	dermatophytic, anti-oxidant, anti-thrombotic, blood-purifier, anti-inflammatory, anti-cancer	Earache, sun-stroke, hypertension
Allium sativum	Rason	Garlic	Lasun	blub	antibacterial, anti-proliferative, antiparasitic, antipneumococcal, antitubercular, antidiabetic, antihypertensive, antihypercholesterolaemic, antihyperlipidaemic, antihyperuricaemic, antihyperglycaemic, antihypercholesterolaemic, antihyperlipidaemic, antihyperuricaemic, antihyperglycaemic	Fever, respiratory diseases, hypercholestermia
Aloe indica	Kumari	Aloe	Gvarapatha	dried juice, leaf	antibacterial, antiparasitic, antipneumococcal, antitubercular, antidiabetic, antihypertensive, antihypercholesterolaemic, antihyperlipidaemic, antihyperuricaemic, antihyperglycaemic	Ageing, scalp moisturizer, purgative,
Aloe vera barbenoids	Kumari	Aloe, (Indian)	Ghritkumari	dried juice, leaf	Emmenagogue,	Acne, wound, burns, eczema
Alpinia galanga	Kulinjan	Galangal	Bada kulinjan	rhizome	antibacterial, antiparasitic, antipneumococcal, antitubercular, antidiabetic, antihypertensive, antihypercholesterolaemic, antihyperlipidaemic, antihyperuricaemic, antihyperglycaemic	hepatoprotective
Alstonia scholaris	Saptaparna	Devil's tree	chatian	leaf, bark, latex		vit-B deficiency, fevers, catarrhal
Althaea officinalis			Gulkhairo	root		Cough, cold
Altingia exeelsa	Silthaka	Liquid storax	Silaras	resin	Stimulant, anodyne,	Skin diseases, colic pain
Amaranthus gangeticus	Chaulai	Red amaranth	Lal sag	Whole plant	Laxative, galactagogue,	inflammation of skin, boils, burns,
Amaranthus paniculatus				shoot	Diuretic	Piles,
Amomum subuleturn	Brihad ela	pepper-like cardamom	Badi Elachi	seed	Emetic, digestve	Itching, respiratory disorders
Amoora rohitaka			Rohitak	bark	Astringent,	Spleen disorders, liver disorders
Amorpha cananulatus	Arsaghan	Elephant's foot	Jangli suran	tuber	Stomachic, tonic, restorative, laxative	Piles, rheumatism,
Anacardium occidentale		Cashew nut	Kaju	fruit, bark,	Delicacy, diuretic,	ulcers,
Ananas sativa	Ananas	Pineapple	Ananas	Stem, fruit	Digestive, cardio-tonic,	Tierdness
Andrographis paniculata	Kalmegh	Andrographis	Kalmegh	whole plant	Stomachic, bactericidal, laxative, tonic, alterative,	Splenitis, hepatitis
Anethum sowa	Shatpushpa	Dillfruit	Sowa	leaf	Carminative, stomachic,	menstrual disorders
Angelica glauca	Charak	Angelica	Chora	root	Carminative, stimulant	Nausea, dysentery, dyspepsia,
Anisochilus carnosus			Panjiri-ka-pat	Grass	Perfumery	
Annona reticulata	Ramphal	Bulls heart	Ramphal	bark, fruit,	antibacterial, antiparasitic, antipneumococcal, antitubercular, antidiabetic, antihypertensive, antihypercholesterolaemic, antihyperlipidaemic, antihyperuricaemic, antihyperglycaemic	anthelmintic, antidyseritic,
Annona squamosa	Shubha	Custard apple	Seetaphal	seed, fruit	Lvs & seed - Hair care, Fruit-aphrodisiac, cardio-tonic	Hypertension
Anthemis nobilis		Chamomile	Babuna ke phool	oil, dried flower	Tonic, carminative, insecticide, antiseptic, anti-tumour	Nervous disorders of women,
Apium graveolens	Ajmoda	Celery fruit	Ajmoda, Karmauli	seed, plant	laxative, tonic, sedative	Arthritis, hepato-renal dysfunctions
Aquilaria agallocha	Aguru	Alo of egale	Agar (kala)	wood powder	Wormicidal	
Areca catechu	Poog	Betelnut plam	Supari	Seeds	Laxative, wormicidal, antiseptic, promotes menstrual flow	
Argemone maxicana	satyanashi	Mexican poppy	Satyanashi	latex	Blood-purifier, laxative	asthma
Argyrea speciosa	Vridhadaru	creeper	Bidhara	root	Tonic, alterative	Rheumatism, nervous disorders
Aristolochia bracteolata	Kolishta		Hukka bel	whole plant	Diuretic, demulcent	Rheumatism
Aristolochia indica	Gandhaunakuli	Birth wort	Ishwarmool	Root		Fever, worm, wounds
Artemisa siversiana	Damnak		Afsantin	Plant, leaf	Cardio-tonic, aphrodisiac	Skin disorders, dysentery
Artocarpus communis	Lakucha	Bread fruit	Barhal	latex,	Laxative	Rheumatism, boils with pus, hernia
Artocarpus heterophyllum	Kathal	Jack fruit tree	phanas	Whole plant		pain,M67 diarrhoea,
Asclepias curassavica	Kaktundi	Blood flower	Kakatundi	root	Diaphoretic, anthelmintic, purgative, emetic	warts
Asparagus ascendens	Shweta musli		Safed Musli	latex	Aphrodisiac, demulcent, tonic, galactagogue	Diarrhoea, senile debility
Asparagus racemosus	Shatavari	Asparagus	Shatavari	root	aphrodisiac, tonic, antidiabetic, demulcent, diuretic, galactagogue	includes breast size, epilepsy, night blindness
Asphaltum	Shilajet		Shilajit	mineral	Aphrodisiac, diuretic	Hypercholestermia, obesity
Asteracantha longifolia	Kokilakchha	Asteracantha	Gokhulakanta	plant		diseases, liver diseases, anaemia,
Astragalus gummifer		Tragacanth		Gum	Pharmaceutical excipient	
Atropa belladonna	Suchi	Belladonna		leaf, roots	aconite	
Azadirachta indica	Nimb	Margosa tree	Neem	seed, leaf, bark	Antiseptic,tonic, spermicidal	eczema, worms, gingivitis, measles,

Bacopa monniera	Andri, Brahmi	pennywort	Brahmi, Jal-brahmi	plant	Brain tonic, hair nourisher, rejuvenator	Depression, hysteria, epilepsy, insanity
Balanites aegyptiaca	Ingod		Hingot	bark, fruit	Bark-wormicide, laxative	Skin disorders,
Baliospermum montanum	Danti		Danti	seed	Purgative	
Bambusa arundinacea	Vansha	Bamboo	Tavashiri, Vans	products	Aphrodisiac, diuretic	menstrual disorders, Intestinal worms,
Baringtonia acutangula	Samudraphal		Hijjal	fruit	Emetic	Asthma, seeds-headache
Basella alba		Indian Spinach	Poi	roots, leaf	Diuretic	heat, constipation
Bassia latifolia		Butter tree	Jangli moha	seeds,		worms, rheumatism, heart diseases, skin diseases, respiratory disorders
Bauhinia variegata	Kachnar	Moutain ebony	Kachnar	bark, roots, leaf	Alterative, tonic, astringent, anti-ulcers, laxative	Skin diseases, obesity, piles, ulcer
Benincasa hispida	Kushamand	Ash gourd	Petha	seed, fruit	Laxative, diuretic, tonic, aphrodisiac	Intestinal worms, dandruff, mercury
Berberis aristata	Daruharida , Darvi	ophthalmic	Daruhaldi	wood, ext.	Alterative	Skin diseases, jaundice, eye disorders, liver disorders, diabetes, obesity
Bergenia ligulata	Pashanbhed		Parnbeej	leaf	Diuretic, anti-infective, tonic,	respiratory diseases
Bergera koenigii	Surbinimba	Curry	Curry leaf trees	leaf	Carminative, tonic, purgative	Dysentery, vomiting
Bixa orellana		Annatto	Latkan	seed	Aphrodisiac, natural color	
Blepharis edulis			Utangan		Resolvent, aphrodisiac, expectorant	
Boerhavia diffusa	Punarnava	Hog weed	Punarnava	root, whole	Diuretic	stomach disorders, kidney stones,
Bombax malabaricum			Semul		Diuretic, astringent	Diarrhoea, dysentery,
Borassus flabellifer	Tala	Palmyra palm	Taltar	stalk, bark,	Restorative, stimulant, diuretic, nutritive	
Boswellia serrata	Shallaki	Indian olibanum	Salai guggul	oleogum resin	Anti-inflammatory, anti-rheumatic, analgesic	Arthritis
Brassica juncea	Rajika	Brown muskerro	Asai rai	seed , oil	Tonic, anti-pruritic	Rheumatism, sciatica, body massage
Brassica nigra	Sarshap	Black mustard	Rye kali	seed	Stimulant, rubefacient, emetic, laxative	
Brassica oleracea		Cabbage	Karam kalla	leaf		Cough, bronchitis, asthma
Bryophyllum pinnatum		Sprout leaf plant	zakhm-haiyat	leaf		bites
Buchanania lanzan	Priyal		Chiranji	fruit, oil	Tonic	Cough, skin disorders, greying of hair
Buchanania latifolia	Priyala		Chironji	kernel		Skin disorders, base in formulations
Butea frondosa	Palas	Home of the forest	Palas,Dhak	seed, leaf	Antigenic, astringent, depurative, aphrodisiac, a galactose binding lectins, anti-inflammatory	Diarrhoea, skin disorders, diabetes, leucorrhoea, eye diseases, filaria,
Butea monosperma	Palas	Home of the forest	Palas,Dhak	seed, leaf	Antigenic, astringent, depurative, aphrodisiac, a galactose binding lectins, anti-inflammatory	Diarrhoea, skin disorders, diabetes, leucorrhoea, eye diseases, filaria,
Cadaba Indica			Dabi	bark	Antiplogistic, anthelmintic	Dysmenorrhoea
Caesalpinia bonduc	Lata karanj	Molucca bean	Sagar ghota	seed	Antipyretic, febrifuge	Asthma, inflammations
Caesalpinia crista	Lata karanj	Molucca bean	Sagar ghota	seed	Antipyretic, febrifuge	Asthma, inflammations
Caesalpinia digyna	Ghrit karanj		Vakeri	root	Hepato-protective	Anaemia
Caesalpinia pulcherrima	Ratnagandhi	Peacock flower	Gulutura	root, bark, leaf		malaria
Caesalpinia sappan	Patang	Sappan wood	Aal	Wood	Astringent, ecboic	
Caesalpinia crista	Latakaranj		Sagar gota	fruit	Anti-pyretic, hepato-protective	
Calendula officinalis		Marigold		plant, flower	Antiseptic, stimulant	diseases, skin diseases, conjunctivitis,
Calotropis gigantea	Arka	igantic stemon wort	Ankdo, madar	root bark, leaf	Expectorant, emetic, tonic	Leg ulcer, dyspepsia, rheumatism, myalgia, rheumatism,
Calotropis procera			Aak	latex		Piles
Capparis aphylla		Caper	kari	berrie	Astringent	Cardiac disorders, biliousness
Capparis decidua	Kareer		Ker	Bud, fruit, bark	Anti-inflammatory	Piles, toothache
Capsicum annum	Katuvira	pepper, Chillies	Lal Mirchi	fruit, leaf	Carminative, stimulant, counter-irritant, blood-purifier	Toothache, tonsillitis, throat diseases,
Capsicum minimum		Chillies	Paprika	fruit		pericarditis,
Carospermum halicacabum	Tejovati	Winter Cherry	Jyotishmati	plant, leaf, root	Diaphoretic, diuretic, laxative, anti-inflammatory.	Rheumatism, nervous disorders, Dyspepsia, intestinal irritation.
Carica papaya	Erand karkati	Papaya	Papita	seed	Digestive	Flowers: respiratory disorders. seed:
Carthamus tinctorius	Kusumbha	Safflower	Kusum phool	flower,seed	Bactericide, diuretic,emanagogue, laxative,	Rheumatism, spots, wrinkles
Carum carvi	Shahjira	Caraway	Jeera	seed, root, leaf	Stomachic, carminative	Hookworms, scabies, bad breath, piles
Caryophyllus aromaticus	Lavang	Cloves	Lavang	flower bud		Teeth care, wound, burn
Cassia absus	chachushya	Bankuithi	Chaksu	seed	Astringent, cathartic	Skin diseases, eye diseases
Cassia alata	Dadrughna	shrub	Dadmurdan	leaf	Astringent, purgative	Eczema
Cassia angustifolia	Markandika	Senna	Senna(sonamukhi)	leaf, pod	Laxative, purgative	
Cassia auriculata		Mature tea tree	Tarwar	leaf	Astringent, tonic, alterative	Diabetes, conjunctivitis, sore throat, menstruation, ophthalmic
Cassia fistula	Aaragwadha	laburnum,	Amaltas	pod, leaf, root	Root- astringent, purgative, tonic, alterative	Constipation, fevers, skin disorders;
Cassia obvata	Bhutanwad	Cassia	Chhota taroda	flower, leaf	Purgative	
Cassia occidentalis	Kasmarda	Negro coffee	Kasondi	leaf, seed, root	Purgative, diuretic, tonic, anti-periodic	
Cassia tora	Chakramanroa	Foetid cassia	Chakunda	seed, leaf, root	Laxative	Skin disorders, fever, worms
Catharanthus roseus	Sada bahar	Periwinkle		roots, leaf	Anti-cancer, vermifuge	Diabetes, diarrhoea, toothache
Cedrus deodara	Devdaru	Devdar	Devadar	wood, oil,	Diaphoretic, diuretic, carminative	piles, kidney stones, joint disorders
Celastrus paniculata	Jyotis manti	Black ipecac	Malakanguni	seed, oil	Anticancer promoting, helps memory, improves menstrual flow, aphrodisiac	rheumatic pain, leprosy, abortion, leucoderma, bitter, paralysis, beriberi
Cenopodium album	Vastuk	Goose foot	Chandan betu	leaf ,	Anthelmintic, laxative	
Centella asiatica	Mandookparni	Gotu kola	Brahmi	plant	hair tonic, rejuvenator	Skin diseases,
Cephaelis ipecacuanha				root	Emetic, expectorant	
Cephalandra indica	Bimbi	Ivy-gourd	Kundru	Plant		Diabetes, syphilis, leucorrhoea, cough
Ceratonja siliqua		Locust bean	Kharnub	Pods	Astringent, purgative	Coughs,
Ceropegia bulbosa			Hedulo, Patatluman	tuber	Tonic, digestive, aphrodisiac	Cold, eye diseases,
Cinerariaefolium		Pyrethrum	Patal tumbri	flower	Insecticide	
Chrysanthemum indicum	Sevanti	Chrysanthemum	Guldaudi	Whole plant	Sedative, anti-hypertensive	cough, hysteria, fungal infection,
Cicer arietinum	Chanaka	Chicken pea	Chana,	seed	Astringent	Fever, dysmenorrhoea,
Cichorium intybus		Wild Chicory	Kasni	plant	Hepatic stimulant, increases bile secretion, tonic	
Cichorium endivia		Endive	Kasani	plant	Resolvent, cooling, bilious complaint	
Cinchona officinalis		Cinchona	Cinchona	bark		Malarial fever
Cinnamomum glanduliferum		Nepal cinnamon wood	Gunserei	wood ,leaf	Stimulant, carminative	
Cinnamomum tamala	Tejpatra	cinnamon	Nagdanti	leaf, bark	Stimulant, carminative	Rheumatism
Cinnamomum zeylanicum	Twak	Cinnamon	Daichini	bark	Carminative, digestive	Flavor
Cissampelos pareira	Patha	Velvet leaf	Pahad vel, patha		Milk-purifier, antipyretic, blood purifier	
Cissus quadrangularis	Ashitnisanhar		Ashthisanghar		Fracture	Rheumatism
Citrullus colocynthis	Indravaruni	Colocynthis	Indrayan	fruit	Anti-cancer ingredient cucurbitacin E, powerful cathartic	
Citrullus lanatus		Water melon	Tarbooz	seed, pulp,	Cooling, diuretic, nutritive, antiseptic	Typhus fever
Citrullus vulgaris		Water melon	Tarbooz	seed, pulp,	Cooling, diuretic, nutritive, antiseptic	Typhus fever

Citrus aurantifolia	Naranga	Orange		fruit	Refrigerant, appetiser	Antiseptic, stomachic, anti-scorbic
Citrus limonum	Nimabk	Lemon	Bara Nimbu	rind	Carminative	Stomachic,
Citrus medica	Mahalunga	Citron	Maphal	rind, juice, oil	Aromatic, refrigerant, astringent, digestive	Stomachic, sedative,
Citrus reticulata		Orange	Santra	rind		Menorrhagia, stomachic,
Citrus sinensis		Orange	Mosambi	rind	Carminative, tonic	
Cleome gynandra	Suvarchala		Safed bago/Hulhul	seed		Wormicide, deafness
Clerodendron indicum	Bharangee		Bharangi mool	root		Asthma, cough
Clerodendron serratum	Bharangee		Bharangi mool	root		Asthma, cough
Clerodendrum multiflorum	Agnimanth		Arani		Analgesic, anti-inflammatory	
Citoria ternatea	Aparajita		Aparajit	root, seed	Intellect-promoting, cathartic, refrigerant, diuretic	Epilepsy
Coccinia cordifolia	Vimboshita		Goitu	bark	Alterative, antispasmodic, exorant	Glycosuria
Cocculus hirsutus	Patalgarudi		Akashvel	Roots, leaf	Diaphoretic, tonic, diuretic,	Skin disorders, fever
gossypium			Katira, Kumbi	gum	Coolant, sedative	Cough
Coleus barbatus	Sugandhabala	Coleus	Garmalu	root	Anti-hypertensive	
Coleus forskholii	Sugandhabala	Coleus	Garmalu	root	Anti-hypertensive	
Commiphora molmol		Myrrh		Oleogum resin	Local stimulant, carminative	
Commiphora mukul	Guggul	Indian bedellium	Guggal	gum resin	antiparasitic, antiseptic, astringent, analgesic, antidiabetic, aphrodisiac, nervine tonic, new guggul tonic, old guggul	slimming aid, obesity
Commiphora myrrha		Myrrh	Hirabol	gum	Dyspepsia, chlorosis	
Convolvulus arvensis			Hiranpaddi	plant, root	Purgative	
Convolvulus pluricaulis	Shankpushpi		Shankhapushpi	whole, leaf	Bitter, tonic, febrifuge	hypertension
Copaifera spp.		Copaiba gum		Dried Extract	Urinary antiseptic	
Coptis teeta	Tiktamula	Golden thread	Erra, Mameer	root	Cancer, dyspepsia, alterative, stimulant	Skin diseases
Cordia myxa			Lasoda	Gum	Mild tonic	
Coriandrum sativum	Dhanyaka	Coriander	Dhania	seed	Carminative,	conjunctivitis
Costus speciosus		Costus	kuth	root	Bitter, tonic, astringent	Purgative, depurative,
Crataeva nurvala	Varun	Steaved tree	Vauana	bark, leaf, root		Urinary tract infections, kidney stones
Crataeva religiosa	Varun	Steaved tree	Vayavarna	bark	Demulcent, laxative, alterative, tonic, stomachic, diuretic	
Cratogeomys oxyacanthoides		Hawthorn	Ban-sangli	berrie	Cardiac tonic	
Cressa cretica			Rudanti		Tonic, anti-bilious, expectorant,	
Crinum latifolium	Sudarsan			leaf, bulb	Ear-discharge	Piles, fever, earache,
Crocus sativus	Kunkum	Saffron	Kesar	stigmas	Stimulant, digestive, women's ailments	Skin diseases
infunduliformis			Priyadarsa	plant	Aphrodisiac	
Crotalaria verrucosa	Shanpushpi	Verru cosa	Sanai	Leaf	Coolant, salivation	Skin diseases
Croton oblongifolius	Kastidanti		Nagdanti	Leaf	Acute inflammatory condition	Fever,
Croton tiglium	Jaipal	Croton seed	Jamalgota	seed, oil	Purgative, alopecia, anti-inflammatory	
Cryptolepis buchanania	Krishna sariva	sarsaparilla	Shyama	roots,	Alterative, tonic, galactagogue, blood-purifier	
Cucurbita pepo	kurlaru		Kaula, Safed kaddu	seed	Anti-helminthic	Burn
Cuminum cyminum	Jeerak	Cumin seed	Jeera	fruit	Stomachic, astringent	Stimulant,
Curculigo orchioides	Krishna musli	Black musale	Kali musli	root	Demulcent, restorative, tonic, aphrodisiac	Piles, jaundice, asthma
Curcuma amda	Amra haridra	Mango Ginger	Ambehalad	rhizome	Carminative, stomachic, cooling agent	
Curcuma aromatica	Van haridra	wild cochin plant	Jangli halad	rhizome	Tonic, carminative, external application on bruises, sprains	
Curcuma longa	Haridra	Turmeric	Haldi	rhizome	antiseptic and antimicrobial, (eye & memory) and cancer and diabetic, anti-oxidant, natural colour.	
Curcuma zedoaria	Karchoor	Zedoary	Kachura	rhizome	Carminative	Stomachic
Cuscuta reflexa	Akashavalli	Dordor	Amarvel	seeds	Liver stimulant, itching, carminative	
Cyamopsis psoralioides	Bakuchi	Cluster bean	Gowar, Bawachi	Pods, seed, oil,	Leucoderma	Skin disorders
Cymbopogon citratus	Bhustrina	Lemon grass	Gandhatrana	Leaf,	Carminative, coolant, anti-spasmodic, tonic	Insomnia,
schoenanthus	Rohisha	Rosha grass	Sugani	grass	Diaphoretic	disorders
Cymopsis tetragonoloba		Guar gum		Gum	Laxative, pharmaceutical excipient	
Cynara scolymus			Hathichuk	leaf	Edible vegetable	
Cynodon dactylon	Durva	cynodon	Doob	plant		menorrhagia
Cyperus rotundus	Musta	Nut grass	Motha/Musta	Tuber	anti-inflammatory, hepato-protective, astringent, diaphoretic, stomachic, demulcent, vermifuge, hairtonic, , tonic	Stimulant
Cyperus scariosus	Nagor musta	Umbrella's edge	Nagarmotha	Tuber	Abdominal, urogenital infections, aromatic, astringent, hairwash	Stomachic
Dalbergia latifolia	Gorakchha		Itti	plant, root	Bitter tonic	general debility, joint disorders
Dalbergia sisoo	Shinshpa	Rose wood	Sisam	leaf, root, wood	Excoriation	Gonorrhoea, stimulant, skin diseases
Datura metel	Dhatur	Thorn-apple	Dhatura	seed	Anti-pyretic, colicky pains, loose motions, strong analgesic	
Datura stramonium	Sada-dhatura	Datura	Dhatura	leaf, seed		earache, baldness, anodyne, dandruff,
Daucus carota	Ganjar	Carrot	Gajar	seed	Aphrodisiac	kidney diseases., nervine diseases,
Dendrobium macrael	Jivanti		Jaivanti	plant	Cooling ,tonic	
Desmodium gangeticum	Shalparni		Sarivan	plant	Anti-inflammatory	Fever, analgesic,
Desmostachya bipinnata	Kusha		Kusha	grass		Diuretic, urinary tract infections
Dichroa febrifuga			Basak	root, leaf	Febrifuge	Emetic,
Dicoma tomentosa			Vajardanti		Febrifuge	
Digitalis purpurea		Foxglove	Tilpushpi	leaf, seed		wounds, burns
Dioscorea bulbifera	Varahi kand		Varahi kand	Tuber	Blood-purifier, anthelmintic, aphrodisiac	
Dolichus biflorus			Kulthi	Seed	Astringent, diuretic, tonic, natural color	
Dorema ammoniacum	Ushak		Ushak	Oil		Hepatosplenic disorders
Dryopteris felix		Male fern		Rhizome	Anthelmintic	

Fagonia cretica	Dhanyavas		Dhamasa			Prophylactic against small pox
Feronia elephantum	Kapitha	Elephant wood apple	Kavat	fruit, gum, leaf, bark	Anti-scorbutic, astringent, refrigerant,	Alopecia,
Feronia limonia	Kapitha	Wood apple	Kaith	fruit, leaf, root	Laxative,	Jaundice, dysentery, diarrhoea
Feronia limonida		Wood apple	Kaitha	Feaf, bark	Anti-scorbutic, astringent, refrigerant, women's diseases	Jaundice, dysentery, diarrhoea, premature ejaculation,
Ferula foetida	Hing	Asafoetida	Hing	Gum resin	Aphrodisiac, carminative, anti-spasmodic	
Ferula sumbul				Gum resin	tonic	Bronchial asthma,
Ficus bengalensis	Vat	rubber tree	Bargad	latex		Diarrhoea, dysentery, piles, leucorrhoea, rheumatism, skin
Ficus elastica	Vat	rubber tree	Bargad	latex		leucorrhoea, rheumatism, skin
Ficus glomerata	Udumbar	Fig	Gular	fruit, latex	Wormicide, carminative, astringent, galactagogue, tonic,	Respiratory disorders
Ficus racemosa			Umbar	Bark	Galactagogue,	hydrocoele, myalgia, scabies,
Ficus religiosa	Ashwatha	Peepal	Peepal	Bark, leaf	Astringent, laxative, cooling, alterative, , boils	Scrofula, mumps
Foeniculum vulgare	Mishreya	fennel	Badi saunf	Seed, roots	diuretic,	Hookworm
Fumaria indica	Parpat		Pitta papada	Plant	Anti-pyretic, blood-purifier, diuretic	
Fumaria officinalis	Yavan Parpata	Fumitory plant	Pitpappa	Plant	Stomachic, laxative, depurative, blood-purifier for	Skin diseases
Fumaria vaillantii	Parpat		Pitta papada	Plant	Anti-pyretic, blood-purifier, diuretic	
Garcinia cambogia		Garcinia	Goraka	Dried rind	Anti-emetic, anti-obesity, purgative, source of hydroxy citric acid (cosmetic use)	Rheumatism, bowel
Garcinia indica	Vrichhamala	Mangosteen	Kokam	Rind, leaf	Emollient, cardiotonic, vermifuge, carminative	Fissure, hyperacidity,
Gardenia gummifera	Nadi hingu	Cambi gum	Dikamali	Gum	repellent	Sore throat, spasm,
Garuga pinnata	Tapinja		Kakad	Gum resin	Anthelmintic, gout	Cough & cold, gout
Gaultheria fragrantissima		Winter green	Ganda puro	Leaf	Insect repellent, antiseptic, carminative,	sciatica, tumour, vermifuge
Gloriosa superba	Langli	Glory lily	Kalihar	Tuber, root	Alterative, purgative, anthelmintic, abortifacient, wormicidal	Promote labour pain,
Glycyrrhiza glabra	Yashthimadhu	Liquorice	Mulethi	Root	Stomachic, demulcent, expectorant, rejuvenator	ulcers, baldness, corns, sore throat,
Glycyx max	Bhat	Soyabean	Soyabean		Laxative	dandruff, hair growth
Gmeliana arborea	Gambhari		Gambhari	Root	Anti-inflammatory, analgesic, coolant	
Gossypium herbecium	Karpas	Indian cotton	Kapus	Seed	Demulcent, laxative, expectorant, aphrodisiac, abortifacient, nerve tonic, diuretic	
Gossypium indicum	Karpas	Indian cotton	Kapus	Seed	Demulcent, laxative, expectorant, aphrodisiac, abortifacient, nerve tonic, diuretic	
Grewia tenax	Nagbala		Gangeran	Plant	Astringent, cardiac tonic, diuretic, aphrodisiac	Ulcers,
Gymnema sylvestre	Madhunasni		Gurmar	Leaf	Hypoglycemic (anti- diabetic)	
Hamelia patens		Scarlet bush		Berries		Dysentery
Hedychium spicatum	Shati		Kapur kachri	Root	Bactericide, fungicide, stomachic, tonic, expectorant,	Liver disorders, eosinophilia , asthma
Helianthus annuus	Surya mukhi	Sun flower	Suraj mukhi	oil		inflammation, whitlow, wound, ulcers,
Helicteres isora	Avartini	Screw tree	Maror phali	Pod	Check lactation, astringent, expectorant	Colic, dysentery, diarrhoea,
Hemidesmus indicus	Ananta	sarsaparilla	Anant mool	Root, latex	appetizer	inflammation, rheumatism, skin
Hibiscus abelmoschus	Lataksturi	seed/Musk	Lata kasturi	Seed	Demulcent, astringent, stomachic, coolant, aphrodisiac	
Hibiscus rosasinensis	Japa	Shoe flower	Jasvand, gurhal	Flower	Demulcent, hair tonic, abortifacient	bronchitis, skin diseases,
Hibiscus sabdariffa		Rozell herb	Lalambari	Flower	Emollient , cholagogue, dysuria	
antidysenterica	Kutaj	Telicherry bark	Kurchi, kada chhal	Bark, seed, leaf	Stomachic, purgative, liver stimulant, anti-dysenteric, wormicidal,	Skin diseases
Holoptelia integrifolia	Chirbilva		karanj		Anti-pyretic, anti-asthmatic	
Hordeum vulgare	Yava	Garcinia	Jav	Rootlets	Nutritive, demulcent, astringent	
Hydnocarpus laurifolia	Tuvrak		Kava, Chalmogra	Seed, oil		Skin diseases
Hygrophila auriculata	Ekshurak		Talamkhana		Aphrodisiac, tonic, diuretic	
Hyoscyamus niger	Parseek yawani	Henbane	Khurasani ajwain	Leaf, seed	sedative, narcotic, anodyne, myo-relaxant, antispasmodic, anti-inflammatory, analgesic	Asthma, whooping cough,
Hypericum perforatum		St John's wort	Bassant	Upper shoot	Anti-depressant, anti-viral	
Hyssopus officinalis		Hyssops	Zupha	Plant, leaf	Stimulant, carminative	Asthma, cough,
Inocarpus frutescens	Sariva		Shyamalata		Galactagogue, tonic	
Illicium verum		Star anise	Badian	Fruit	Carminative, flavour	
Indigofera tinctoria	Neeli	Indigo	Neel	Plant		haemorrhage, old ulcers, premature
Inula racemosa	Pushkarmula	Orris root	Pokharmul	Root	Expectorant,	Cough, asthma
Ipomaea sepiaria	Laxmana		Laxmana	Root	Female sterility	
Ipomoea aquatica	Kalambi	Swamp cabbage	Kalmisag	Plant	Purgative,	General weakness, nervousness
Ipomoea batatas		Sweet potato	Rataloo	Rhizome	Nutritive	Scorpion bite
Ipomoea digitata	Kshir vidari		Dudhkand		Galactagogue, tonic	
Ipomoea hederacea	Krishna beej	Pharbitis	Kaladana	Seed	Purgative, substitute for jalap	
Ipomoea turpethum	Trivrita	Turpeth root	Pithori Nisut	,bark	Laxative,	Cough, brain disorders, paralysis
Iris florentina			Pushkarmul	Root	Halitosis, blood-purifier, alterative	
Jasminum grandiflorum	Jati	Spanish jasmine	Jati	Leaf, flower,	Astringent, anthelmintic , diuretic, emmanagogue	
Jasminum sambac	Mallika	Jasmine arabian	Mugra/ Moghra	Flower	Essential oil, galactagogue	Ear, nose, throat diseases,
Jatropha curcus	Vyaghra erand		Drawanti		Hemostatic, milk-purifier, astringent, antiseptic	
Juglans regia	Akshota	Walnut	Akhrot		Brain tonic, antiseptic, stimulant, expectorant	
Juniperus communis	Hapusha	Juniper berry	Hauber	Fruit, berrie	Diuretic, carminative, stimulant,	Dropsy, skin diseases
Justicia gendarussa	Neel Nirgundi		Kala adusalsa,	Leaf		Respiratory disorders, digestive
Justicia picta	Rakta adulasa		Rakta adulasa	Leaf	anti-spasmodic, resuscitative, schizophrenia obesity	coughs, intestinal worms
Kaempferia galanga	Sugandhavacha		Kapur kachri	Tuber	Stimulant, expectorant, carminative, diuretic	Nasal blockages

Lactuca scariola		Lettuce	Salad	Leaf, seed,	Anodyne, sedative, diuretic, expectorant	
Lantana camara		Lantana	Ghaneri	Plant	Diaphoretic, carminative, stimulant	Sprains, respiratory diseases,
Launaea pinnatifida	Pathri		Bhoi pathri	Plant	Milk-purifier, substitute for taraxacum	
Laurus nobilis		laurel	Hab-el-ghar	Leaf, berrie	Spice berries	Diarrhoea, leucorrhoea, dropsy
Lawsonia alba	Madayantika	Henna	Mehndi	Leaf	Hair dye, Hair conditioner, astringent, gargle, coolant	Headache
Lepidium sativum	Chandrasoor	Water cress	Halim	leaf	expectorant,	Asthma, bleeding piles
Leptadenia reticulata	Jiwanti		Jivanti	Plant	Abortifacient, stimulant, tonic	
Leucas aspera		Leucas	Chota halkusa	Plant	Laxative, anthelmintic,	jaundice
Leucas cephalotes	Dronpushpi		Gomo	Plant	Expectorant, insecticide, emmenagogue	
Linum usitatissimum	Uma	Linseed	Alsi	Seed	Diuretic, demulcent externally	Respiratory diseases,
Litsea chinensis	Medasak		Ama	Wood	Impotency, analgesic, anti-inflammatory	
Lobelia nicotianaefolia		Lobelia	Dhaval	Leaf	Expectorant,	Asthma
Luffa acutangula	Koshataki	Towel gourd	Jangli toru	Fruit, root, leaf	Diuretic, nutritive, emetic, expectorant,	
Lycopodium clavatum		spores	Bendarli	Powder	Aphrodisiac, plant: diuretic, antiseptic,	Rheumatism, respiratory diseases
Madhuca indica	Madhuk	Madhuka	Mahua, moha	Bark, flower	galactagogue, astringent, tonic	orchitis, tonsillitis, eczema,
Majorana hortensis		Common majoram		Plant	Spice	
Mallotus philippinensis	Kampillak	Indian kamala	Kabila	Fruit hair	Bactericide, bitter, styptic, anthelmintic,	Pimples
Malva rotundifolia		Country mallow	Khubasi		Emollient,	Scurvy piles, cough, inflammation
Malva sylvestris		Common mallow	Gul kheir	Flower	Emollient, refrigerant, respiratory disorders,	Urinary tract infections
Marrubium vulgare		hound	Pahari gandana	Plant	Anthelmintic, dyspepsia,	Jaundice, phthisis, hepatitis
Matricaria chamomilla		chamomile	Babuni-ke-phul	Flower	antiseptic, wound-healing, flatulence, anti-inflammatory	Rheumatism,
Medicago sativa	Ashvabala	Alfalfa, Lycern	Lasunghas	Plant		disorders, stomachic, arthritis, hair
Melia azadirachta	Mahanimb	Beed Tree	Bakain	root	Antiseptic, tonic	rheumatism, measles, leprosy,
Mellilotus officinalis			Aspurak	Plant	Astringent, anti-inflammatory	
Melissa officinalis		Lemon balm	Billilotan	Plant flow	Longevity, memory tonic	Fever, nervous diseases,
Mentha arvensis	Pudina	Marsh mint	Pudinah	Leaf, plant	Carminative, flavouring agent, antiseptic, refrigerant,	Body heat, toothache, intestinal worms
Mentha piperita		Peppermint	Gamathi pudinah	Leaf	Carminative, stimulant	
Mentha spicata	Pudina	Marsh mint	Pudinah	Leaf, plant	Carminative, flavouring agent, antiseptic, refrigerant,	Body heat, toothache, intestinal worms
Mesua ferrea	Nagkeshar	Cobras saffron	Nagkesar	Flower, bud	aromatic	
Mimosa pudica	Lajjalu	Sensitive plant	Lajwanthi	Seed, plant	Bactericide, sedative, purgative,	Skin diseases, mouth ulcers, throat inflammations
Mirabilis jalapa	Krishnakeli	4'O' clock plant	Gulabbas	Plant	Diuretic, lymphadenopathy, anti-bacterial, anti-viral	Skin diseases,
Momordica charantia	Karvellak	Bitter gourd	Karela	Fruit, leaf	Anthelmintic,	Piles, jaundice diabetes,
Morinda citrifolia	Achuka	Indian Mulberry	Aal	Fruit, leaf	Leaf: febrifuge, tonic,	Asthma, spongy gums, wound-healing
Moringa oleifera	Shigru	Horseradish	Shobhanjan, sahijan	Seed	Anti-fungal, anti-viral, flocculating agent, stimulant, abortifacient,	hypertension, leucy, meconostomy, sterility, alopecia, cardiotoxic,
Morus alba	Tuti, Tula	White mulberry	Tut	Bark, fruit	Laxative, nutritive, wormicidal	Cough, sore throat, anaemia,
Mucuna pruriens	Kapikachu	Cowhage	Kawach	Seed, root	Parkinsonism, aphrodisiac, : purgative, natural color, diuretic,	disorders,
Murraya koenigii		Curry leaf tree	Kurry patta	Leaf, plant	Carminative, stimulant, tonic, vomiting , laxative, dysentery	Fever,
Musa paradisiaca	Kadali	Banana	Kela	Fruit, Plant	Hair care, astringent, laxative, diuretic,	diseases,
Musa sapientum	Vana laxmi	Plantain	Kela	Fruit leaf stem	Demulcent, nutrient, astringent, coolant	
Myrica nagi	Katphal	myrtle	Kaiphala	Leaf, bark	Fe astringent, antiseptic,	Asthma, fever, colds, women's diseases, teeth diseases, wounds,
Myristica fragrans	Jatiphal	Nutmeg & Mace	Jaiphal	Seed	Aphrodisiac, carminative	
Myristica malabarica		Wild nutmeg	Ramphal	Seed	External application in ear diseases	
Myrtus caryophyllus	Lavang	Cloves	Lavang	Bud, leaf	Toothache, antiseptic, carminative	
Nasturtium officinale		Watercress	Jal-halim	Plant, leaf	Anti-ascorbic, appetizer	piles, skin diseases,
Nelumbo nucifera	Padmoj	Sacred lotus	Kamal / Padma	leaf, root	Diuretic,	Primary liver infections, piles, respiratory vomiting, fever, dysentery,
Nerium indicum	Karvir	Oleander	Kaner	Root, plant	Insecticide,	Epilepsy, herpes, other viral infection
Nerium odorum	karvira	oleander		Root, bark, .	Diuretic, cardiac tonic,	Piles, cancer
Nicotiana tabacum	Tamrakatu	Tobacco	Tambaku	Leaf & stalk	Sedative, insecticidal, emetic, purgative	
Nigella sativa		Black cumin	Kalonji	Seed	carminative	
jatammansi	Jatamansi	Spikenard	Jata	Bark	Emmenagogue, uterine tonic, hypertension, pericardial effusion	
Nyctanthes arbortristis	Parijat	Night jasmine	Parijatak	Flower, leaf		Cancer, fever, rheumatism
Nymphae rubra			Chhota kanval	Root, flower		Dyspepsia, piles, diarrhoea, palpitation
Ocimum album	Sweet Tulsi	Ran Tulsi plant	Rantulas	Plant	Carminative, stimulant, diaphoretic,	Skin diseases
Ocimum basilicum	Visva Tulsi	Sweet basil	Krishna tulsi	Plant	Carminative, digestive, stomachic,	Respiratory diseases, skin diseases,
Ocimum gratissimum	VanTulsi	Shrubby basil	Ram tulsi	Leaf		Rheumatism, ejaculation
Ocimum sanctum	Tulsi	Basil	Tulsi	Leaf	Carminative, expectorant, bactericidal, hair cleanser	
Onosma echiodes	Ratanjyot		Rattan jot, Lal jari	Root	Carminative. leaf: alterative, purgative. flower: stimulant	Rheumatism,
Operculina turpethum	Trivrita	Turpeth	Nisoth	Plant, root	Constipation, laxative	Arthritis, dropsy, gout, jaundice,
Opniorrhiza mungaos	Nagasugandh	Mongoose plant	Nagvelli	Plant	Snake bite, stomachic, eradivative,	
Origanum majorana		Marjoram	Marwa	Plant	Carminative, expectorant, liver tonic, astringent	Asthma, skin diseases, common cold
Oroxylum indicum	Shyonak		Tetu , arlu	Root	Anti-inflammatory, analgesic	
Orthosiphon grandiflorus		Java Tea		Root, bark	Cardiotonic, appetizer, blood purifier	
Orthosiphon stamineus	Arjak	Java Tea	Vantulsi	Root, bark	Cardiotonic, appetizer, blood purifier	
Oxalis corniculata	Changeri	Indian sorrel	Amrut herb	Plant	Digestive, dysentery, cardiotonic,	Anaemia

Paederia foetida	Gandhprasarani		Gandhprasarini	plant, root, leaf	Analgesic, anti-inflammatory,	muscle toner
Paeonia officinalis	Ud saleeb		Udsalap, Udesalam	Root	Emmenagogue, nervine tonic, ascites, epilepsy	
Pandanus odoratissimus	Ketaki	pine	Kewda	Flower	Stimulant, nervine tonic,	Rheumatism
Papaver rhoeas	Rakta posta	Red poppy	Lalpost	Flower	Narcotic, sedative	
Papaver somniferum	Ahifen	Poppy seed	Khas-Khas	Seed, fruit,	Strong analgesic, narcotic	itching,
Parmelia lichin	Shaileya	Stone flower	Charela	Moss	Astringent, carminative, laxative, aphrodisiac,	Dyspepsia
Passiflora incarnata		Passion flower		Leaf	Aphrodisiac,	Insomnia, neuralgia
Pedalium murex	Brihad gokshur	Big caltrop	Bada Gokhru	Fruit	Aphrodisiac, tonic, diuretic, demulcent,	Impotence
Peganum harmala		Wild rue	Harmal	Seed, plant	Galactagogue, aphrodisiac, abortifacient	disorders, laryngitis, head lice,
Pelargonium graveolens		Geranium		Flower	Perfumery	
Pentatropis capensis	Kaknasa		Kauwaroti	Plant	Emetic, haemorrhoids, inflammation, leucoderma	
Pergularia extensa		Pergularia	Uttran	Plant	Infantile diarrhoea	rheumatism, women's diseases, , skin
Petroselinum crispum		Parsley	Prajmoda	Seed, leaf	Digestive, aphrodisiac	pressure, eye diseases, menstrual
Phaseolus trilobus	Mudagaparni		Mugvan	Plant	Gout, fever, coolant, diarrhoea, haemorrhoids	
Phragmites karka	Nala	Nodding weed		Grass	Diuretic,	Urinary tract infections
Phyllanthus niruri	Bhumyamaiki		Bhumi amla	Plant	Liver stimulant, diuretic	Viral hepatitis,
Pimpinella anisum	Shatpushpa	Ani seed	Velaity saunf	Seed	Digestive,	Cataract, asthma, insomnia, head lice
Pinus longifolia	Shrivesthak	Chir pine	Biroza	Gum	Fungicidal, bactericidal, stimulant	
Piper betle	Nagavalli	Betel leaf	Panpatta	Leaf	Headache, root	aromatic, stimulant, contraceptive
Piper chaba	Gaja pippali		Badi pippali	Fruit	Aromatic, stimulant, carminative.,	Cough, cold, haemorrhoids
Piper cubeba	Kankol		chini	Fruit	Carminative, febrifuge	
Piper longum	Magdhi	Lindipipper	Pippali	Fruit	Stimulant, alterative, tonic	Chronic bronchitis, asthma,
Piper nigrum	Marich	Black pepper	Kali mirchi	Seed	Stimulant, alterative	Cough, sore throat, aromatic,
Pistacia integerrima	Karkat shringi	Crab's claw	Kakra shingi	Gall	Tonic, expectorant	Asthma,
Pistacia lentiscus		Mastic Gum		Oleoresin	Enteric coating material, microscopically mountant	
Plantago ovata	Isabgola		Isabgul	Seed		pain, piles
Pluchea lanceolata	Rasna		Rasna(Gudmar)	Leaf	Anti-inflammatory, analgesic, nervine tonic	
Plumaria alba		Frangipani		Flower	Perfumery	
Plumbago zeylanica	Chitrak	Cylon lead root	Chitrak	Root	Alterative, gastric stimulant,	dyspepsia
Pollanthes tuberosa		Tuberose	Rajnigandha	Flower	Perfumery	
Polygala chinensis			Senega	Root		Fever, dizziness
Polygonum aviculare		Knot grass	Anjubar	Plant	Astringent, styptic, root: anodyne	
Pongamia glabra	karanj		Karanj	seed, oil		Skin diseases, UV screen, alopecia
Pongamia pinnata	karanj		Karanj	seed, oil		Skin diseases, UV screen, alopecia
Portulaca oleracea	Loni	Parslane	Kuifa	Plant	Refrigerant, alterative,	skin diseases, scurvy, liver diseases
Portulaca tuberosa		Purslane	Ramjota	Plant		Dysuria erysipelas
Premna integrifolia	Agnimantha		Arni	Root	Analgesic, anti-inflammatory	
Premna latifolia			Arni			Boils, colic pain
Premna serratifolia			Takli		Anti-inflammatory, analgesic	
Prosopis cineraria	shami		Khejri	Bark	Abortifacient, laxative,	Asthma, worm
Prosopis spicigera	Shami	Cikura pod		Bark		Rheumatism,
Prunus amygdalus	Badam	Almond	Badam	Fruit, seed,	Laxative, tonic, nervine tonic,	Skin diseases
Prunus armeniaca	Urmanam	Apricot	Jardalu	leaf	Aphrodisiac, sedative, demulcent	Asthma, constipation,
Prunus cerasus	Albaluk	Dwarf cherry	Alubalu, Gilas, Olchi	Stalk	Analgesic,	Fever, skin diseases
Prunus mahaleb	Gandahpriansu	Priansu	Ghuala	Seed	Constipation, abdominal distension, diuretic	
Psidium guajava	Amrut phala	Common Guava	Peru, amrood	Leaf, bark	Astringent, laxative, bactericidal	Diarrhoea,
Psoralea corylifolia	Bakuchi	Psoralea fruit	Babchi	Fruit, seed	Anti-helminthic, stomachic, deobstruent, diuretic	Leucoderma, psoriasis,
Pterocarpus marsupium	Pitasala	Kino, seed	Bijasar	Gum	Diabetes, astringent, abdominal pain	
Pueraria tuberosa	Vidarikand		Bidarikand	Root	Aphrodisiac,	Fever, arthritis, tumour
Punica granatum	Dadim	Pomegranate	Anardana	Seed	Digestive	dysentery
Putranjiva roxburghi	Putranjeeva		Putrajivak	Leaf, fruit		Fever, rheumatism, Liver protective
Pyrus cydonia		Quince seed	Bedana	Seed, fruit,	Demulcent, astringent, expectorant, cardiac tonic	Diarrhoea, sore throat,
Randia dumetorum	Madanphal	Emetic nut	Madanphal	Fruit	Emetic	Dysentery,
Randia spinosa	Madanphal	Emetic nut	Madanphal	Fruit	Emetic	Dysentery,
Raphanus sativus	Moolak		Mooli Beej	Rhizome	Appetiser, diuretic, laxative, anti-ascorbic	
Rauwolfia serpentina	Sargandha	Serpiria	Sargandha	Roog	Anti-hypertensive, hypotensive, sedative, increases uterine contractions in labour	
Rhamnus purshiana		Cascara Sagrada		Bark	Laxative	
Rheum officinalis			Rewardchini	Root	Mild laxative, anti-inflammatory	
Rhus succedanea	Karkashringi	Wax tree	Kakda singi	Fruit, seed	Expectorant, cardiac tonic,	Abdominal tumour, dysentery, phthisis
Ribes nigrum		Currants	Nabar, Paper	Leaf		Cold, sore throat , fever
Ricinus communis	Erand	Castor	Arandi	Seed, root	Galactagogue, aphrodisiac,	constipation, epilepsy
Rosa centifolia	Shatpatri	Rose	Gulab	Petals	Laxative, carminative, cardiac tonic	
Rosa damascena		Pink rose	Phool gulab	Petals	Cooling agent, flavouring agent	
Rosmarinus officinalis		Rosemary	Rusmary	Leaf	Flatulence, stimulant	rheumatism,
Rourea santaloides			Vardharo	Root	Bitter tonic, alterative, external	diseases, skin diseases
Rubia cordifolia	Manjishtha	Indian madder	Manjistha	Root	Anti-inflammatory, anti-bleeding, anti-oxidant, anti-clotting , natural colour, hair dye	
Rumex crispus	Amalvelas	Yellow dock	Chukkah	Root	Parasitocidal, antiseptic, worms	Constipation,

Saccharum officinarum	Ekshu	Sugur cane	Ganna	Juice	Diuretic, antiseptic, laxative, nutrient	
Salix tetrasperma	Vetas	Willow	Vetas	.	Diuretic,	Urinary tract infections
Salmalia malabarica	Shalmali		Salmali	thorn	Stimulant, tonic, aphrodisiac,	Pimples, acne
Salvadora persica	Pilu	Tooth brush tree	Chota pilu	Bark, leaf	Stimulant, external for	Rheumatism
Salvia officinalis		Sage	Salvia	Leaf	Memory, tonic, astringent	throat,
Santalum album	Chandan	Sandal wood	Chandan	Wood	coolant, blood purifier	
Sapindus trifoliatus	Arishtak	Scap nut	Aretha	rind	Hair cleanser, hair tonic	
Saraca asoca	Ashok	Ashoka	Ashoka	Bark	Uterine tonic, sedative, astringent	Menorrhagia,
Saraca indica	Ashok	Ashoka	Ashoka	Bark	Uterine tonic, sedative, astringent	Menorrhagia,
brevistigma	Soma		Somlata	Plant	Bark: astringent, bitter, coolant, alterative	
Saussurea lappa	Kushtha	Costus	Kushtha	Root	Carminative, antiseptic, cardiac stimulant	Cough,
Saxifraga ligulata	Pashanhed		Parnbeej	Leaf	Diuretic, anti-infective, tonic,	respiratory diseases
Schrebera swietenoides			Morvel		Oil	Diarrhoea, burns, boils
Scindapsus officinalis	Gajapippali		Gajapipal	Fruit	Aphrodisiac, carminative, diaphoretic, vermifuge	Pneumonia,
Semecarpus anacardium	Bhallatak	Marking nut	Bhillawa	Nut	Dyspepsia,	sore throat, splentitis, sprain,
Sesamum indicum	Til	Sesame	Til	Seed, oil	Tonic, emollient, galactagogue, ayurvedic carrier oil	Rheumatism, piles, tumour,
Sesbania grandiflora	Agastya		Agasti	Bark, leaf	Bitter tonic, expectorant,	Jaundice, colic, pain
Sesbania sesban	Jayanti		Jayanti	Seed , bark	Menorrhagia,	spleenomegaly,
Shorea robusta	Rall sarjras	Resin sal	Sal	Resin	Astringent, aphrodisiac	spasm, cancer,
Sida cordifolia	Bala	Country mallow	Bala	Plant, root	slimming agent	Ulcer, rheumatism,
Sinapis juncea	Rajika	Black mustard	Rai	Seed	Appetizer,	Cold, anxiety, insomnia
Sisymbrium irio			Khoob kala	Seed	Expectorant, stimulant, restorative, febrifuge,	Asthma
Smilax china	Chopchini	China root	Chopchini	Root	Aphrodisiac, Analgesic, alterative, diaphoretic	skin diseases, urogenital diseases, asthma, tumour
Solanum dulcamara	Kakmachi		Rubabark	Stem	Cardiac tonic, diuretic, narcotic	
Solanum nigrum	Kakmachi	nightshade	Makoi	seed	Cardiac tonic	disorders, nephritis, bladder
Solanum xanthocarpum	Kantakari		Kateri	Root, plant	Expectorant	dropsy, sore throat,
Sphaeranthus hirtus		Globe thistle	Gorakhmundi	Plant	alterative, tonic	tuberculosis,
Sphaeranthus indicus		Globe thistle	Gorakhmundi	Plant	Aphrodisiac, vermifuge, alterative, tonic	tuberculosis,
Splianthes oleracea	Akal kara	Paracress	Akarkara	Root	Insecticide	rheumatism
Sterculia urens		Indian		Gum	Laxative	
suaevolens	Patala		Padal	Root , bark	Anti-inflammatory, analgesic	
Strychnos potatorum	Katak	Clearing nut tree	Nirmali	Seed	Alterative, tonic, demulcent, water-purifier	
Strychnus nuxvomica	Kupilu	Nux vomica	Kuchlia	Seed	Aphrodisiac, bitter, stomachic, tonic, analgesic	Dribbling micturition, bed-wetting,
Styrax benzoin		Benzoin		Balsamic Resin	Antiseptic, expectorant	
Styrax benzoin	Lohban	Benzoin	Loban	gum	Expectorant,	Chronic cough, skin- disorders
Symplocos racemosus	Lodhra		Lodhra	Bark	Coolant, astringent,	dysentery, spongy gums
Syzygium aromaticum	Lavang	Cloves	Lavang	Flower bud	Teeth care,	Wound, burn
Tagetes erecta	Zandu	Marigold flower	Genda	Flower	Depurative, blood-purifier	Bronchitis, piles, rheumatism,
Tamarindus indicus	Tintiri	Tamarind	Imli	Fruit	Laxative, refrigerant, digestive	
Tamarix gallica	Chavaka		Jhau		Astringent, stomatitis,	Ulcers, cough, fever, diarrhoea
Taraxacum officinale		Dandelion	Dudal	Leaf, root	Diuretic, tonic, liver diseases, stomachic, vit A supplement	dyspepsia,
Taxus baccata	Taleespotra	Himalayan yew	Talispotra	Leaf	Contraceptive, aphrodisiac,	Tumour, asthma, bronchitis, epilepsy
Tecoma undulata	Rohitak		Rohitak	Bark	Anti-bacterial, anti-syphilitic	
Tecomella undulata	Rohitak		Rohida	Bark	Spleenomegaly, hepatomegaly	
Tectona grandis	Shak	Teak Tree	Sag	Bark	Diuretic	
Tephrosea purpurea	Sharpunkha		Sharpunkha	Plant, root	Tonic, laxative, blood-purifier,	Spleenomegaly, anthelmintic
Teramnus losasalis	Mashaparni		Mashvan	Plant	Analgesic	
Terminalia arjuna	Arjuna	Arjuna	Kahu	Bark	Cardiotonic, anti-anginal, tonic, astringent,	Asthma, fractures, dysentery
Terminalia belerica	Bibhitak	myroblan	Baheda	Fruit, leaf	Astringent,	diseases, stomachic,
Terminalia chebula	Haritaki	myroblan	Harad	Fruit, bark		piles, skin diseases, eye diseases,
Thevetia neifolia	Peeta karvir	Exile tree	Pili kaner	Root, bark	Cardiac tonic, anti-inflammatory,	
Thymus serphillum		Garden Thyme	Iper		Antiseptic, carminative, anti-emetic	Respiratory disorders
Thymus vulgaris	Vanya yavani		Van ajwayan	Plant	Diuretic, anti- putrifaction	Respiratory disorders
Tinospora cordifolia	Guduchi		Gulvel	Stem, root	stimulant, diuretic, Vitamin C, nutrient	Asthma, rheumatism,
Tinospora sinensis			Badi Gulvel	Stem	antimalarial, antidiabetic, hepatoprotective, nutrient I	Rheumatism,
Trachyspermum ammi	Yawani	Bishops weed	Ajwain	Leaf, seed		migraine, rheumatism, mouth ulcer,
portulacastrum	Varshabhu		Shwet punarnava	Plant	Diuretic, anti-inflammatory,	Anaemia
Tribulus terrestris	Gokshur	Small Caltrops	Gokhru	fruit	Tonic, diuretic, aphrodisiac, kidney stones,	Coronary artery-dilator
Tricholepis glaberrimum			Brahma dandi	Plant	Aphrodisiac, nerve tonic	Leucoderma, spermatorrhoea,
Trichosanthes anguina	Padwal	Snake gourd	Chachinha	Plant	Purgative	alopecia,
graeceum	Methika	Fenugreek	Methi	Seed	Purgative, flavouring agent	
Triticum sativum	Godhoom	Wheat	Gehun	Seed	Nutritive,	Eryseplas, burns, scalds, eruptions
Tylophora asthmatica	Anant mool		Jangli pikvan	Leaf		Asthma, cough
Uncaria gambier		Pale Catechu		Dried Extract	Astringent	
Uraria picta	Prishniparni		Prisniparni	Fruit	Aphrodisiac, analgesic, anti-inflammatory	
Urginea indica	Vanpalandu	Indian quills	Jangli pyaj	Seed	Cardiotonic	Asthma, rheumatism, dropsy,
Urginea maritima		Squill	Jungli piyaz	Bulb	Cardiac stimulant, diuretic, (digitalis like)	
Urtica dioica		Stinging nettle	Bichu	Leaf, root	Cosmetic, anodyne, diuretic, astringent	Rheumatism, sprains, gout, hay fever,
Valeriana wallichii	Tagar	Valerian rhizome	Tagar-ganthoda	Root, rhizome	Sedative, antispasmodic, stimulant, carminative, antiseptic,	Epilepsy
Vanda roxburghii	Rasna		Rasna	Root	Nervous system diseases	Rheumatism,
Vangueria spinosa	Pinda		Aaliv	Fruit, leaf	Refrigerant, cholagogue, expectorant	
Verbascum thapsus		Mullein	Gidar tamaku	Flower, leaf	Aphrodisiac, muscular	Asthma, cramps, migraine, sun-burn,
Vernonia cinerea			Sahdevi	Plant	Antipyretic	
Vetivera zizanioides	Usheer	Cuseus grass	Khas	Root	Fixative in perfumes and cosmetics, , coolant, diuretic	Stomatitis, hepatitis
Viburnum prunifolium		Black Haw		Bark	Diuretic, astringent, tonic,	Urinary tract infections
Vinca rosea		Vinca	Ratanjot	Seed, plant		Tumour, diabetes
Viola biflora	Banfsa			Plant	Constipation, diaphoretic,	Respiratory disorders, fever,
Viola odorata		Wild violet	Banafshah	Plant	Emetic, expectorant	

Viola tricolor	Banfa	.	.	Plant	Constipation, diaphoretic,	Respiratory disorders, fever,
Viscum album	.	.	Banda, hurchu, Rini	Leaf	Tonic, emetic, purgative,	Hernia
Vitex negundo	Nirgundi	Fives leaf	Nirgundi	Leaf	Analgesic, lumbago, aphrodisiac,	Greying of hair
Vitis vinifera	Draksha	Grape	Kali draksha	Fruit	Laxative, refrigerant, demulcent, diuretic	Constipation,
Wedelia calendulacea	Bhringraj	.	Pita bhringraj	Plant, fruit	Uterine tonic, alterative,	Alopecia, cough
Withania somnifera	Ashwagandha	Winter Cherry	Ashwagandha	Root	aphrodisiac, general tonic, diuretic, antispasmodic, soporogenic, alterative, immuno-modulator	.
Woodfordia fruticosa	Dhatki	.	Dhaydi phool	Flower	Astringent,	menorrhagia, haemorrhoids
Wrightia tinctoria	Krishna kutaj	.	Mitha inderjau	Bark,seed	Aphrodisiac, vermifuge, stomachic, tonic	Hypertension,
Xanthium strumarium	Aartgal	.	Gadario	.	Chronic fever, anti-inflammatory, adenopathy	.
Zanthoxylum aromaticum	Tejowati	Toothache tree	Jangali Dhaniya	Seed	Thirst-regulator	Toothache,
Zingiber officinale	Shunthi	Ginger	Sunth	Rhizome	aphrodisiac, carminative, diuretic, stimulant, increases prostaglandins, adjunct to tonic remedies	Cough, cold,
Ziziphus jujuba	Badar	Zizyphus	Ber	Fruit	.	stomachic, piles, mouth ulcer, skin
Ziziphus nummularia	Badar	.	Bordi	.	Boils, coolant	.